



The Norwegian Diving Federation welcomes you to the 11th Underwater Rugby European Championships 25.06 – 01.07 2022 in Stavanger, Norway. We kindly ask you to return the final entry form (Annex 1) and the hotel booking form (Annex 2) by the:

28th of January 2022

Please notice that **no registration will be accepted after the 28th of January 2022** and the registration is complete only after receipt of the payment. Entry fee and the hotel booking must be paid by the **28th of January 2022**.

1. Governing body: C.M.A.S

Hosting federation: Norwegian Diving Federation – Norges Dykkeforbund

2. Valid Procedures and Rules:

CMAS Underwater Rugby International Rules

3. Protest:

Written protest must be turned in to the jury of the tournament within 30 min after end of the game. Protest fee is € 100,00. Protests will be handled by the tournament jury.

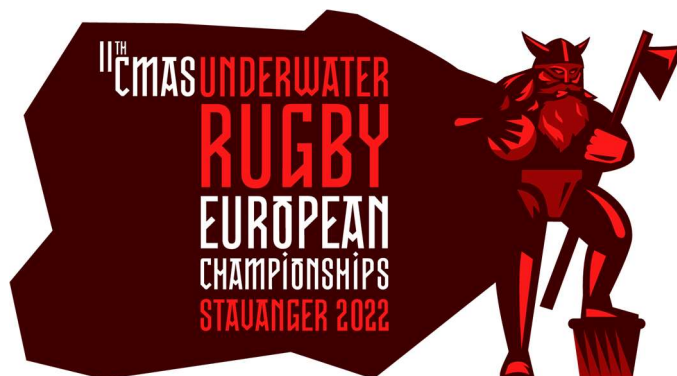
4. Team Composition:

According to the CMAS rules, chapter 2.2.1, a team may nominate a maximum of 15 players, six in the water, six in exchange and three in reserve. A team may consist of less than 15 players but must have a minimum of six players at the start of any match.

Once nominated, the team composition of a maximum of 15 players may not be changed. No new reserve players may be nominated after the tournament has started. All players must be registered online at the CMAS website.

5. Referees:

International referees will be refereeing the championships. CMAS Chief Referee for Underwater Rugby will do the selection of referees.



6. Exclusion of liability:

Participation in the European Championships takes place at the participants own responsibility. The hosting federation cannot accept liability for person or material damages.

7. Venue:

Stavanger Swimming Pool – Stavanger Svømmehall
Lars Hertervigs gate 4
4005 Stavanger
Norway

Field dimensions:

Length: 14,5 m

Width: 10 m

Depth: 4,3 m

Exchange area: 3 m

Water temperature: 28 degrees

Warm up area:

Length: 14,5 m

Width: 10 m

Depth: 1,9 m

Water temperature: 28°C

Objects made of metal is absolutely forbidden in the pool area. Alcohol is strictly forbidden in the whole swimming pool. There will be a restaurant in the swimming pool serving lunch and snacks every day during the championships. More information will follow.

8. Timetable:

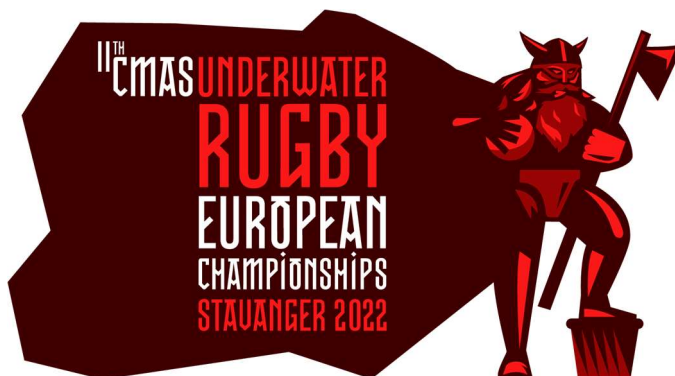
Duration of the tournament: 25.06 – 01.07.2022

24.06.2022

Arrival

25.06.2022

Pool time. Technical meeting. Opening ceremony



26 - 28.06.2022	Group games
29 - 30.06.2022	Knockout games
01.07.2021	Final games. Award and closing ceremony

9. Technical Delegate:

Rüdiger Hüls will be the Technical Delegate for these Championships.

10. International Jury of the tournament

The composition of the jury will be defined by CMAS Underwater Rugby Commission. It will be announced as soon as possible, but at the latest at the technical meeting. Each member can be substituted to avoid conflict of nationality or participation in the concerned match.

11. Registrations:

The registration is complete when:

- The payment of the entry fee has been done
- The final entry form (annex 1) has been sent to ecuw2022@nif.idrett.no
- The inscription form, downloadable at the CMAS websites members area, sent to CMAS Headquarters
- The payment of the inscription fee has been done
- The national federation is member of CMAS sport committee and affiliated to underwater rugby

All the above has to be done no later than 28th of January 2022.

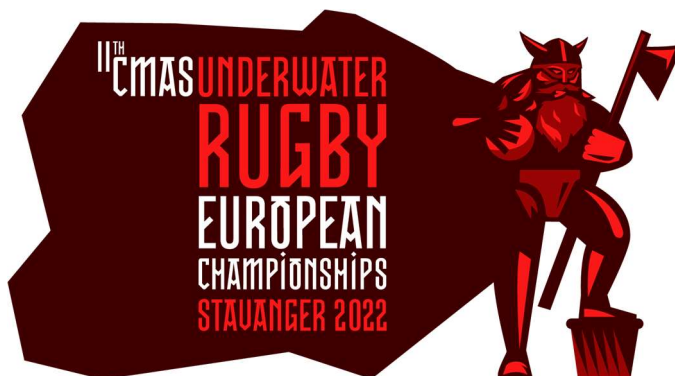
You will get confirmation that we received your entry form and the payment.

12. Entry fees per team:

3000 €

Entry fees shall be paid by bank transfer, clearly marked "European Championships 2022 UWR – Country of the team – gender", net of banking charges to:

DNB
Postboks 1600 Sentrum
0021 Oslo



IBAN-Account: NO2415033962387

BIC-Code: DNBANOKKXXX

Last day of payment: 28th of January 2022

13. The NON-OPTIONAL costs include:

1. Travel expenses and full pension for referees.
2. Full board and lodging of 3 CMAS delegates.
3. Accommodation of organization of the tournament.
4. Travel expenses of the Technical Delegate
5. Administration – telephone, mailing, circulation of documents (information/results, etc.) and printing services before and during the Championships.
6. Printing expenses of badges for officials, judges, athletes, etc.
7. Cost of rent of the swimming pool and room for meetings, opening and closing ceremony.
8. Live streaming of the Championship

14. Accommodation and meals

We have booked the Comfort Square Hotel in Stavanger which is 2 minutes from the Swimming Pool. See Annex 2, Hotel Booking for more information.

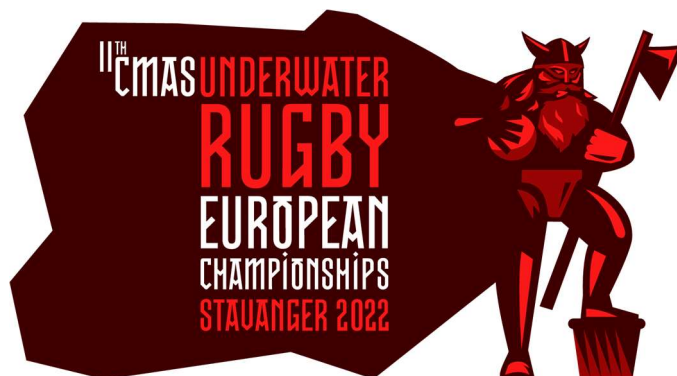
Gala dinner:

- The Gala Dinner will take place at The Clarion Hotel Stavanger
- Catering: Food is included, beverages can be bought at the hotel.
- Place: Arne Rettedals gate 14, 4008 Stavanger
- Time: 01.07.2022 – 20:00

Costs: 500 NOK

Registration for the Gala Dinner (Annex 4) must be sent to ecuwr2022@nif.idrett.no by the 20th of May 2022.

Payment by bank transfer net of banking charges:



Clearly marked "EC2022 UWR Gala dinner – Country of the team – Gender" to:
DNB

Postboks 1600 Sentrum

0021 Oslo

IBAN-Account: NO2415033962387

BIC-Code: DNBANOKKXXX

Last day of registration for the gala dinner and the payment: 20th of May 2022

Please note that your federation will be held accountable and billed for any damages incurred in hotel rooms or at the game site, caused by your team as well as any costs incurred at the hotels that were not settled before departures.

15. Participation acknowledgement:

Participation of your team is accepted by the organizing committee returning a signed and stamped copy (scan) of the final entry form (Annex 1).

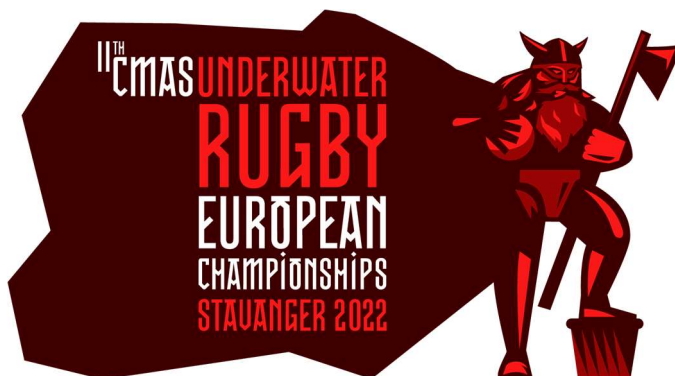
16. Medical care:

Medical care will be provided for during the competition, two paramedics will be on site.

17. Anti-doping code:

The hosting federation will apply the CMAS Anti-Doping Rules valid at the time of the European Championships in Underwater rugby. Doping is strictly forbidden, and the hosting federation is dedicated to support the Anti-Doping authorities in their work. The Norwegian Diving Federation is certified as a Clean Sport Federation by Anti-Doping Norway.

Doping controls may be carried out any time during the competition period in accordance with the procedures described in the 2022 WADA International Standard for Testing and Investigations. Athletes who are selected for doping control must bring an official identification (with photo) to the doping test area.



The athlete should also bring along their therapeutic use exemption (TUE) if applicable.

For more information, please consult: <https://www.cmas.org/medical/anti-doping>

18. Playing mode:

A detailed playing mode and schedule of games will be sent to all participating federations after the final entry has been closed. The composition of the groups in the preliminary round will result from a draw. The pots for the draw will be determined according to the ranking of the last three European Championships. The total number of groups will be decided after the number of participating teams is known.

The draw will be done after the publication of the schedule. The place and time of the draw will be announced one week in advance.

19. Timing schedule:

Will be established and issued within two weeks after the registration deadline (28th of January 2022)

20. Contact person:

Norwegian Diving Federation

Name: Inez Santos Aase

Address: Sognsveien 73

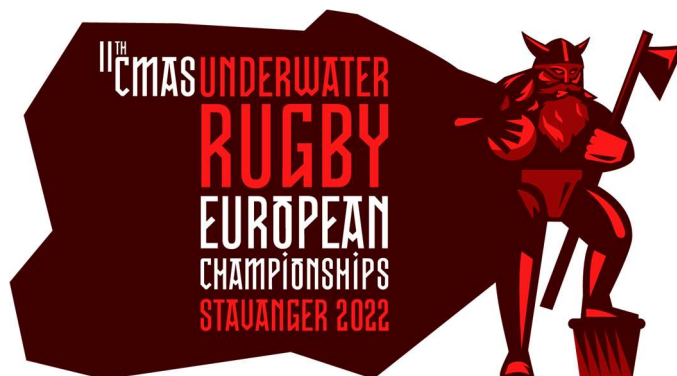
0854 Oslo

Norway

Mobile: +47 971 03 395

E-mail: ecuw2022@nif.idrett.no

Webpage: uwrec2022.com



21. Special request:

In case you want to make special reservations of any kind (special hotel room, meeting room, etc.) or have any other additional questions, please contact the Norwegian Diving Federation.

22. Additional Rules and Regulations for this Tournament

- a. Any use of lubricants such as soap, shower gel, creams or Vaseline will be prohibited in the pool area because they severely deteriorate the quality of the water, which in turn degrades visibility in the pool both for players and video cameras.
- b. The amount of people watching games in the water will be limited to 1 per team. We will provide live streaming in the pool hall. Additional people in the small water area would disturb the video production.
- c. When a penalty throw is called, diving is forbidden to all players not directly involved in the penalty throw's execution for the duration of the penalty throw. If this rule is broken during the tournament, from thereon all players not directly involved in any penalty throw's execution will be required to leave the water. This is meant to improve conditions for video recording.
- d. All players of a team have to wear matching gear – swimsuits or trunks and jerseys (female) / trunks and jerseys (male) – and caps of the same graphic design. The cut of the player's gear within a team may differ, as long as it is comprised within the rules below.
 - i. Men have to play in swimming trunks (speedos or shorts – no longer then above the knee) and jerseys.
 - ii. Women have to play in either swimsuits or bikini bottoms and jerseys. It is also allowed to play in swimsuits and jerseys. If they wear jerseys, the jerseys also have to be uniform for all players and if used, have to be worn by all players of a team.

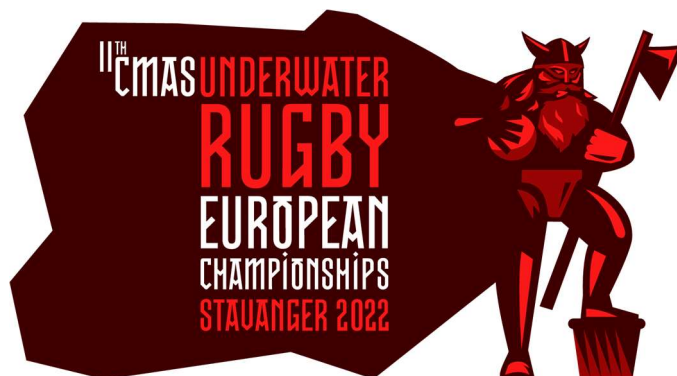


- iii. All players have to have their player's number visibly displayed, at least on the back of their suit or jersey, the player's name may be added. The number has to be between 15 cm and 30 cm high. The strokes have to be between 1,5cm and 3 cm wide.
- iv. The number has to stand out clearly from the background.
- v. The jerseys have to be tight fitted and elastic.
- vi. The jerseys have to be made out of fabric, similar to the fabric of swimsuits or swimming trunks.
- vii. For men, the jerseys have to be long enough to be put inside the trunks.
- viii. Shoulders shall not be covered by the jerseys.
- e. Should a team not be correctly dressed at game-time, there will be a warning by the referee. If they cannot ensure correct dress code within 5 minutes, the team is disqualified from the game and is set 20:0 in favor of the opponent.
- f. If a player's jersey gets damaged during a game, the player is allowed to finish the game without a jersey. For the next game, the player has to replace the damaged jersey.
- g. If replacement jersey is not available: colors (team white/team dark) will be changed, so the team with the damaged jersey can use the jerseys that are still intact.
- h. Equipment check:
 - i. All swimsuits, trunks and jerseys must be pre-approved before the championships by the UWR Commission, by sending an artwork showing the design and getting an approval reply.
 - ii. Please send the artwork to these two e-mail addresses, with the heading marked with artwork – country of the team

ecuw2022@nif.idrett.no

uwr-cmas@vdst.de

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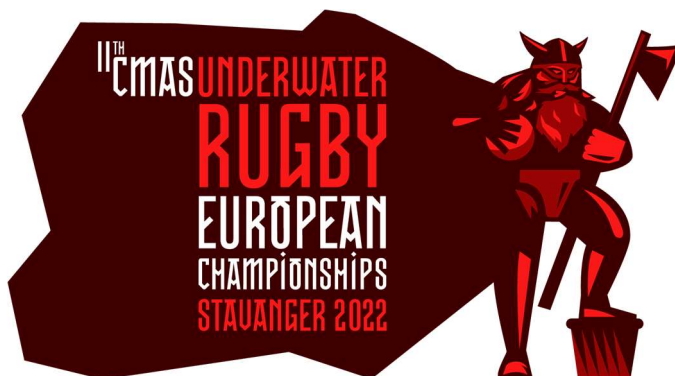


- iii. Comprehensive equipment check will be performed after each team's training session, during the time before the championships matches start. All equipment to be used during the championships must be presented at this equipment check.
 - iv. Before each match the referees will perform visual and if needed spot-checks of the teams.
 - v. Swimsuits, trunks, and jerseys not pre-approved could be rejected at the championships.
 - vi. The local organizing committee, Technical Delegate and Chief referee will jointly take the decision, if the equipment is according to the rules or not.
- i. Ball selection:
- i. All balls for the ball selection need to be presented at the technical meeting.
 - ii. Maximum one ball per team will be allowed to be submitted for the Ball selection.
 - iii. The submitted balls will be checked by the referees before the Ball selection.
 - iv. After the check, the balls will be kept in custody by the referees, till the ball selection takes place.
 - v. Only balls confirming to size and speed will be offered to player representative for the selection.
 - vi. After the championships balls have been selected, they will only be used for tournament games and otherwise will be kept in custody by the referees.

23. Age limitations:

The age limitation for these championships will be 18 years old. The athletic age of a competitor is obtained by subtracting his year of birth from the current year. The competitor will compete from January 1st until December 31st of the year in this category.

24. Nationality of athletes participating in CMAS Championships



All the athletes of a national team must have the nationality of the country or submit proof that they are resident in that country for 1 year at least. In the team there can be a maximum of 30 % foreigner's athletes.

25. Delegate/player information

The National Federations are requested to send the following information to the Norwegian Diving Federation by the 20th of May 2022.

Players / delegate information:

- a. Full name
- b. Profile picture (straight from front, white background, same clothing and pose for all players of one team)
- c. Date of birth
- d. Times participated in European Championships
- e. Times winning the European and World Championships
- f. T-Shirt size
- g. Federation logo
- h. Team photo

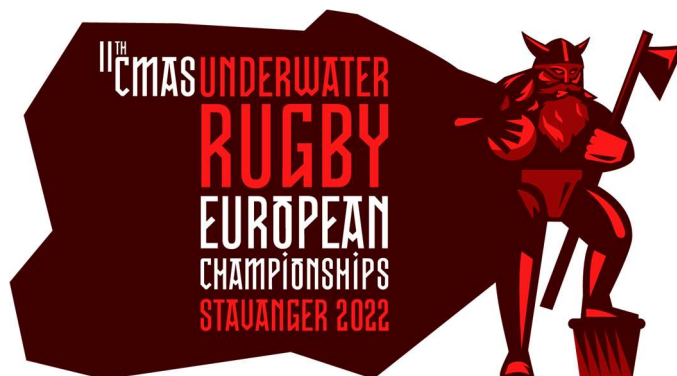
By participating at the European Championships, federations confirm that all participating athletes and delegation members agree that the organizing federation has the right to use their personal data mentioned above for public players information within the European Championships 2022.

26. Game opening

At the beginning of each game, the teams will make a pennant exchange, so please bring enough pennants from your federation.

27. Photographs and Videos

By participating at the European Championships 2022, federations confirm that all participating athletes and delegation members agree that the organizing federation has the right to use pictures and video footage of the event as well as pictures collected in advance including for promotional or documentary purposes.



All pictures and videos taken at the European Championships can also be used for these purposes.

Please check the CMAS Procedures for participation in CMAS Championships. CMAS fee from the participating federation and CMAS licenses for the athletes are required. All participants shall have a valid accident insurance.

The participating federations accept all elements of the Championships invitation, as well as the additional rules and regulations mentioned within them.

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