



2026 CMAS World Cup Finswimming Indoor, Lignano Sabbiadoro



06 – 08 March, 2026

Lignano Sabbiadoro (UD), Italy



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1. Presentation of the Host City

Lignano Sabbiadoro stands on a long sandy peninsula covered with pine trees, the southwestern end of the beautiful Marano lagoon nature reserve. Its slight slope, the sandy beach in front of the Coast of Istria, a safe bathing for families and the active nightlife, make it a popular resort for Italian and foreign tourists. The extreme point of the peninsular area is divided into three districts: Lignano Sabbiadoro is one of them and is accompanied by Lignano Pineta, 1 km further

south, and Lignano Riviera, more recent but still all centred in its natural features, also given the close ness of the Tagliamento River. In total there are just under 7,000 residents. The name of the resort was originally Lignano, in 1935 'Sabbiadoro' was added exclusively for promotional purposes. The development of the tourist resort began in the early twentieth century, when after the reclamation began the construction of



some bathing establishments, however accessible only by boat from the lagoon. Before that, nothing existed in these places, except a small area of refuge for some fishermen. The ancient plans of the Serenissima, duly compiled by the so-called Water Savi, made no mention of either the name or the characteristic of the area, considered in the complex of the important lagoon territory. The wonderful beach, however, could not go unnoticed for much longer and the first hotel was built in 1903. Its urban growth, however, was delayed, not only because of the malarial area in the vicinity, but also because of the lack of basic infrastructure: it had to wait more than two decades before the construction of the main and vital road artery. Today's city has reached the maturity of urban planning and infrastructure in the best way and presents itself with a wide variety of attractions. Moving between its neighbourhoods is possible through urban transport managed by the SAF, but Lignano is also to be explored on foot or perhaps by bike. Riviera, the western part of the peninsula is characterized by the villas and residential condominiums, all gracefully decorated with beautiful pine trees; Pineta, in the city centre, has a modest shopping mall, famous beaches and a plethora of venues suitable for evening and night fun; Sabbiadoro, at the extreme tip of the peninsula, contains a lively shopping mall and even more night and



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cultural life than the previous ones. The hotel presence in general is remarkable. For those who want to enjoy the maximum stay at the seaside, we recommend the baths of Lignano, located in the Riviera area and immersed in the centuries-old pine forest (directions: waterfront R. Riva 1) or even the numerous spas and fitness centers of the city.

2. City map

How you can get to Lignano Sabbiadoro

You can get to Lignano Sabbiadoro by various ways of transportation:

By Car - on the highway (motorway)

By car you can reach Lignano Sabbiadoro driving on the A4 Venice - Trieste motorway or on A23 motorway linking Tarvisio and Venice; the motorway exit for Lignano Sabbiadoro is made at Latisana, following the local road no 354, which ends at Lignano.

By Bus - Bus Stations

There are many bus lines which regularly depart from the northern part of Italy towards Lignano Sabbiadoro. There are special buses linking important cities in Germany, Switzerland and Austria to Lignano. More information about bus schedules and timelines: Biglietteria Autostazione Viale Gorizia, 26 Tel. 0039 0431 71373.

Bus Station Lignano SAF: www.saf.ud.it

By Train - Train Stations Latisana. Train station is just 20 km away from Lignano Sabbiadoro. From Latisana train station you can access by train Venice (Mestre) and its neighboring airports as well as Trieste, Udine and other main cities in Italy. Lignano Sabbiadoro and Latisana are linked by regular bus lines.

Italian Railways Website: www.trenitalia.com





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By Plane - Airports

The nearest airports to Lignano Sabbiadoro are *Ronchi dei Legionari* Airport in Trieste, just 58 km away from Lignano Sabbiadoro, *Marco Polo* Airport in Venice, 100 km away from Lignano Sabbiadoro, and *Antonio Canova* Airport in Treviso, 110 km away from Lignano Sabbiadoro.

City: Trieste

Airport: Ronchi dei Legionari
Telephone: 0039040631484
Website: www.aeroporto.fvg.it

City: Venice

Airport: Marco Polo
Telephone: 00390412606111
Website: www.veniceairport.it

City: Treviso

Airport: Antonio Canova
Telephone: 0039042220393
Website: www.trevisoairport.it



3. Presentation of the Competition Venue

The competition will take place at:

Bella Italia Sports Village
Viale Centrale, 29 – 33054 Lignano Sabbiadoro (Udine)
[https://www.bellitaliavillage.com/](http://www.bellitaliavillage.com/)

Swimming pool Size:

- Length: 50m
- Width: 21m
- Number of lanes: 8
- Depth: 2,10m
- The temperature of the water is 26°C (+ 1°C)
- Number of spectators: 400



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The Bella Italia Sports Village, located in a valuable position within the urban fabric of Lignano Sabbiadoro, in Central Avenue, 29. It consists of a modern tourist-social center, nestled in 60 hectares of verdant pine forest. The tranquility, fragrant aroma of pines and sea saloons, the clear sea and the beach front reserved exclusively for guests of the Village (1120 meters long and 60 meters deep) create the ideal environment for toning individual holidays or groups, in the name of sport, relaxation and fun. The Bella Italia Sports Village has two indoor and conditioned pools, one of which is Olympic-sized. The swimming facility has the following services: reception, Bathrooms, changing rooms, showers, poly-functional room and athlete infirmary.



4. General information

The Italian Federation of Sport Fishing and Underwater Activities (FIPSAS) – authorised by CMAS – invites all interested National Federations and Clubs to participate in the 2026 CMAS World Cup Finswimming Indoor, scheduled to take place on 05 - 08/03/2026 in Lignano Sabbiadoro (Udine), Italy.

Various and practical information

- The Currency of Italy is Euro.
- Electrical current in Italy is 220V, 50 Hz.
- Type of plug



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Italy



In Italy, power plugs and sockets (outlets) of type F and type L are used. The standard voltage is 230 V at a frequency of 50 Hz.

Information about participation

- Only participants with a CMAS License are eligible to compete in the Competition.
- All participants should respect the Competition rules, the safety conditions set by the Organisers and CMAS rules and regulations.

Swimming Pool Events

Races and Categories

SENIOR (Cat. "A": 18 years and over) M/W

Surface (SF): 50, 100, 200, 400, 800, 1500 SF

Apnea (AP): 50m

Immersion (IM): 100, 200, 400 IM Bi Fins (BF): 50, 100, 200, 400 BF

Relay: 4x100 SF (M/W), 100 SB Mixed

JUNIOR 1 (Cat. "B": 16 - 17 years) M/W

Surface (SF): 50, 100, 200, 400, 800, 1500 SF

Apnea (AP): 50m

Immersion (IM): 100, 200, 400 IM Bi Fins (BF): 50, 100, 200, 400 BF

Relay: 4x100 SF (M/W), 100 SB Mixed

JUNIOR 2 (Cat. "C" & "D": 12 - 15 years) M/W

Surface (SF): 50, 100, 200, 400, 800, 1500 SF

Apnea (AP): 50m

Immersion (IM): 100, 200, 400 IM Bi Fins (BF): 50, 100, 200, 400 BF

Relay: 4x100 SF (M/W), 100 SB Mixed

Participation rules

For all technical matters, please refer to the valid World Cup Finswimming rules.

<https://www.cmas.org/finswimming/how-to-regulations.html>



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- The judges are authorized to check swimmers' equipment at any time during the competitions.
- The swimmers must be available for the Start Judge with their full equipment at least 10 minutes before the race starts.

Bottles will have to be delivered empty to the organization for the control and recharges within hours 8:00 p.m. of any day and will come given back in the morning of day after. FOR EMERGENCY REASONS THEY WILL NOT COME ACCEPTED BOTTLES BEYOND SUCH TIMETABLE. Not recharges during day.

The organization will at disposition also Thursday 5 March from 5:00 to 8:00 p.m. in the swimming pool.

Particular regulation:

Besides how much previewed from the Italian law (presence indication check "air", ministerial stamp every two years and/or certified of ministerial test), the bottles will have to be delivered in perfect state of physical integrity and will come loaded to the maximum pressure of 200 bars (atm).

They will not come accepted bottles with important signs of rust.

International Jury

CMAS Technical Delegate according to the CMAS rules.

International Board of Judges, according to the CMAS Procedures & Obligations.

Protests

According to the CMAS Procedures and Obligations CAT A-B competitions.

Doping Control

The Organising Committee guarantees to provide doping control according to the CMAS and WADA rules during the competition and regarding the number of tests planned by ITA.

Classification and Awards

The classifications will be based on times registered by the timekeepers. The results will be compiled according to CMAS score and CMAS World Cup classification.

There will be classifications for Individuals, Clubs, National Teams and Countries

Individual:

There will be, for every distance, four different individual classifications for Senior and Junior, men and women. Swimmers registered by Clubs or National Teams are in this classification.

Club:

The general classification will be made by the total number of individual points (men and women, junior and senior only registered by clubs). Four separate Club Classification will be made also for senior men, senior women, junior boys and junior girls.

National Teams:

The general classification will be made by the total amount of the individual points (men and women, junior and senior). Four separate National Teams Classification will be made also for men, women, junior



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boys and junior girls.

Countries Ranking:

The Countries' Ranking will be made following points 1.10 and 1.13 by the total number of the individual points (men and women, junior and senior) of National Teams.

If a National Federation does not enrol its national team, the best two results by club following points 1.10 and 1.13 at each distance, at each category (men, women, junior and senior) will go for the Countries ranking.

- Individual prizes: medals will be given to the first three classified athletes in every individual race and every relay.
- Team prizes: Cups for the first three clubs and Cups for the first three National Teams.
- Awarding ceremonies will take place during the competition, so the athletes involved must be at the organising staff's disposal at the right time.

Achille Ferrero special prizes: at first in 100 m SF senior, men and women.

5. General Schedule

Day -1	05 March, 2026	Arrival of Delegations
Day 1	06 March, 2026	1st Day of competition
Day 2	07 March, 2026	2nd Day of competition
Day 3	08 March, 2026	3nd Day of competition
Day 4	09 March, 2026	Departure of Delegations

6. Competition Schedule

	Morning Session	Afternoon Session
Day	Technical Meeting	100 SF Men Senior
1	1500 SF Men Senior	100 SF Women Senior



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1500 SF Women Senior	100 SF Men Junior 1
1500 SF Men Junior 1	100 SF Women Junior 1
1500 SF Women Junior 1	100 SF Men Junior 2
1500 SF Men Junior 2	100 SF Women Junior 2
1500 SF Women Junior 2	Medal Ceremonies
Medal Ceremonies	100 BF Men Senior
50 BF Men Senior	100 BF Women Senior
50 BF Women Senior	100 BF Men Junior 1
50 BF Men Junior 1	100 BF Women Junior 1
50 BF Women Junior 1	100 BF Men Junior 2
50 BF Men Junior 2	100 BF Women Junior 2
50 BF Women Junior 2	Medal Ceremonies
200 IM Men Senior	4x100 SF Men Junior 1
200 IM Women Senior	4x100 SF Women Junior 1
200 IM Men Junior 1	4x100 SF Men Junior 2
200 IM Women Junior 1	4x100 SF Women Junior 2
200 IM Men Junior 2	Medal Ceremonies
200 IM Women Junior 2	
Medal Ceremonies	
200 SF Men Senior	800 SF Men Senior



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Day 2	200 SF Women Senior	800 SF Women Senior
	200 SF Men Junior 1	800 SF Men Junior 1
	200 SF Women Junior 1	800 SF Women Junior 1
	200 SF Men Junior 2	800 SF Men Junior 2
	200 SF Women Junior 2	800 SF Women Junior 2
	Medal Ceremonies	Medal Ceremonies
	200 BF Men Senior	400 BF Men Senior
	200 BF Women Senior	400 BF Women Senior
	200 BF Men Junior 1	400 BF Men Junior 1
	200 BF Women Junior 1	400 BF Women Junior 1
	200 BF Men Junior 2	400 BF Men Junior 2
	200 BF Women Junior 2	400 BF Women Junior 2
	Medal Ceremonies	Medal Ceremonies
	50 AP Men Senior	4x100 SF Men Senior
	50 AP Women Senior	4x100 SF Women Senior
	50 AP Men Junior 1	Medal Ceremonies
	50 AP Women Junior 1	
	50 AP Men Junior 2	
	50 AP Women Junior 2	
	Medal Ceremonies	



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Day 3	400 SF Men Senior	50 SF Men Senior
	400 SF Women Senior	50 SF Women Senior
	400 SF Men Junior 1	50 SF Men Junior 1
	400 SF Women Junior 1	50 SF Women Junior 1
	400 SF Men Junior 2	50 SF Men Junior 2
	400 SF Women Junior 2	50 SF Women Junior 2
	Medal Ceremonies	400 IM Men Senior
	100 IM Men Senior	400 IM Women Senior
	100 IM Women Senior	400 IM Men Junior 1
	100 IM Men Junior 1	400 IM Women Junior 1
	100 IM Women Junior 1	400 IM Men Junior 2
	100 IM Men Junior 2	400 IM Women Junior 2
	100 IM Women Junior 2	Medal Ceremonies
	Medal Ceremonies	4x100 SB Mixed Seniors
	4x100 SB Mixed Juniors 1	Medal Ceremonies
	4x100 SB Mixed Juniors 2	
	Medal Ceremonies	

7. Financial Modalities

A) CMAS Fees

For each round, in order to participate, each competitor is required to pay through the CMAS Portal the



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CMAS fees fixed annually by CMAS.

- 25,53 € for participation fees by each round for 2026.

Note that the names of relay members must be entered during the registration process on the base of individual registration even if they only swim relay and even according to the rules, the composition of relays can be changed on site before the beginning of competition.

The CMAS fees will be paid only at the end of the registration process online, by credit card.

B) Miscellaneous

- Fees will not be refunded for non-participation of athletes in races.
- Penalties will apply for late enrolments after the deadline according to the registration planning.

C) Organisation Fees

The organisation fees are paid directly to the organising committee according to the instructions communicated below.

Participation fees:

Inscription fees for 2026 are:

- 25,80 € for each club;
- 18,30 € for each relay;
- 10,20 € for each individual distance.

The CMAS and Participation fees will **not** be refunded for non-participation of athletes in races.

Accommodation

All information in the accommodation form here in the attachment.

8. Payment

*** Please note: Late enrolments will not be accepted.**

The organisation fee should be deposited at the LOC bank account no later than 15 February 2026. After this date, the organisation fees will be increased by a further 10% of the total amount. Organisation fee must be paid via bank transfer at the following coordinates:

ASSOCIAZIONE SPORTIVA DILETTANTISTICA SPORTINACQUA

IBAN CODE: IT45O 03069 09606 1000 0011 4805

BIC SWIFT: BCITITMM

(For tax of engagements World Cup Finswimming Indoor Lignano Sabbiadoro team.....)



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ATTENTION: The COPY DETAIL OF BANK TRANSFER MUST BE SEND at cednuotopinnato@fipsas.it et/or cednp@tiscali.it within 15 FEBRUARY 2026. Registrations are agree and all communication further exclusively will be accepted when the CED sends the same reception's confirmation. Without reception confirmation, no registration will be accepted beyond the expiration of 15 FEBRUARY 2026.

PAYMENT IN CASH MAY BE ACCEPTED WITH A FINE OF 50,00 EUROS.

For all information, send an email to cednuotopinnato@fipsas.it and/or cednp@tiscali.it

VISA

In case a visa is needed, please send the ANNEX 5 to the Local Organising Committee (fabio.savi@fipsas.it) not later than 5 February 2026.

9. Deadlines - Conditions for Entry & Participation

Enrolments and payment of CMAS fees can be made only through the CMAS Portal.

No later than (**Before 08th February 2026**)

ANNEX 1: The preliminary declaration of participation and registration form should be sent to the Director of the CMAS Finswimming Commission (alexandros.xiarchos@sport.cmas.org) and the Local Organising Committee (cednuotopinnato@fipsas.it and/or cednp@tiscali.it).

No later than (**Before 08th February 2026**)

All the members of the delegation (Team leader, officials, medical and para medical staff, Technical Official, athletes) must be registered online through the CMAS Portal ([CMAS Portal](#)).

No later than (**Before 15th February 2026**)

Copy of bank transfer of participation fee should be sent to the Local Organising Committee (cednuotopinnato@fipsas.it and/or cednp@tiscali.it).

For further information, please contact the Local Organising Committee:

cednuotopinnato@fipsas.it and/or cednp@tiscali.it